



Certification & Diploma Curriculum

Prerequisites

DIPLOMA
Certified Advanced
FAMO Fascia Movement® Teacher

FAMO Diploma Assessment
Module 8 | 2 – 7 hours

FAMO Teaching
Functional Sequencing
Module 7 | 21 hours

FAMO Practice 3
Module 6 | 21 hours

FAMO Practice 2
Module 5 | 21 hours

CERTIFICATE
Certified
FAMO Fascia Movement® Teacher

FAMO Body Reading
Rebalancing
Module 4 | 21 hours

FAMO Practice 1
Module 3 | 21 hours

Theory Self-Assessment

FAMO Focus
Module 1 or 2 | 21 hours

Anatomy Trains in Motion
Module 1 or 2 | 21 hours



Movement
that Benefits Life

art of motion



All our courses build on a foundation of fundamental anatomy and movement knowledge; therefore, participation requires certification in a field related to movement, health, bodywork, or therapy.